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| **Alcoholism Affects Everyone  By Jennifer Kenny** |  | C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\edhelp1.gif |

1     Do you know what the most widely abused drug in our country is? It's alcohol. What happens when a person drinks too much? Many unsafe things can occur. There are many short-term effects. These include nausea, memory loss, and loss of judgment. There are many long-term effects as well, including damage to the heart and brain and cirrhosis of the liver. Death is always a possibility if too much alcohol is consumed, whether it is at one time or over a long period of time.  
   
2     Some people abuse alcohol by drinking too much or too often. Others, though, may go beyond just abusing alcohol. They suffer from **alcoholism**, a disease in which a person is physically and emotionally addicted to the substance.  
   
3     How does alcoholism develop? It develops in stages. They are: problem drinking, tolerance, dependence, and alcoholism. The first stage, problem drinking, often begins as social drinking and then goes wrong. Instead of drinking only as a part of a social situation, an individual starts to abuse alcohol to avoid boredom, depression, or other problems. The more the individual drinks, the more the person's body tolerates the alcohol. Now the person needs to drink more to feel the same effect. In order to drink even more, the person often neglects other people and activities in his life. Gradually, the person's body becomes physically dependent on the alcohol. If the individual doesn't drink, he may experience withdrawal symptoms, such as shaking or sweating. At the last stage, the person is addicted. He has lost control, is frequently drunk, and alcohol becomes more important than anything else in life.  
   
4     Who is at risk for becoming an alcoholic? Those studying the disease feel that it is a result of many factors, such as age, environment, genetics, and personality. Research shows that anyone who starts drinking before age 15 is four times more likely to become an alcoholic as compared to those who wait until the legal drinking age. Those who socially spend time with other drinkers are at a greater risk. Alcoholism can run in families. Also, those who tend to be impulsive run a risk. All these factors increase the chance that one may become an alcoholic. However, each individual can choose not to drink and thereby prevent the disease from occurring in the first place.  
   
5     How can you tell if someone is an alcoholic? You can look for warning signs. An alcoholic may change friends and habits and be defensive about drinking. He may have feelings of depression or suicide. He may drink just to get drunk.  
   
6     Alcoholism affects the individual, the family, and society. Did you know that eleven million children live in homes with an alcoholic? Family members often feel guilty that they could have done something. They experience the unpredictable behavior of the alcoholic. They may experience violence or neglect.  
   
7     Alcoholism can often lead to car accidents, drowning, and violent acts. Society pays for the end results of alcohol abuse. Money is spent paying for missing days of school or work, treating alcoholism, and handling crime.  
   
8     To get help, an alcoholic needs treatment. Withdrawal will occur, causing headaches, shaking, and anxiety. Treatment should include therapy for coping strategies and understanding as well. Perhaps the most famous program is Alcoholics Anonymous. Al-Anon and Alateen are programs available to help family members cope with this difficult disease.  
  
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**Alcoholism Affects Everyone**

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| |  |  | | --- | --- | | 1. | What is the most widely abused drug in the United States? C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblea.jpg  Alcohol C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbleb.jpg  Heroine C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblec.jpg  Marijuana C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbled.jpg  Angel dust | | |  |  | | --- | --- | | 2. | Alcoholism develops overnight. C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblea.jpg  False C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbleb.jpg  True | |
| |  |  | | --- | --- | | 3. | Which is the first stage of alcoholism? C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblea.jpg  Problem drinking C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbleb.jpg  Tolerance C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblec.jpg  Dependence C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbled.jpg  Alcoholism | | |  |  | | --- | --- | | 4. | Which is **not** a withdrawal symptom? C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblea.jpg  Headaches C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbleb.jpg  Shaking C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblec.jpg  Sweating C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbled.jpg  Drinking | |
| |  |  | | --- | --- | | 5. | Who is at the least risk for becoming an alcoholic? C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblea.jpg  An individual who starts drinking at 21 C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbleb.jpg  An individual who starts drinking at 15 | | |  |  | | --- | --- | | 6. | Approximately how many children currently live with alcoholics? C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblea.jpg  25,000,000 C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbleb.jpg  11,000 C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblec.jpg  25,000 C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbled.jpg  11,000,000 | |
| |  |  | | --- | --- | | 7. | Which is a treatment for alcoholics? C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblea.jpg  Al-Anon C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbleb.jpg  Alcoholics Anonymous C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblec.jpg  Alateen | | |  |  | | --- | --- | | 8. | How does alcoholism affect the family? C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblea.jpg  Family members feel guilty. C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbleb.jpg  Family members are affected by violence. C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubblec.jpg  Family members experience unpredictable behavior. C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\bubbled.jpg  All of the above | |

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**Alcoholism Affects Everyone**

**What is alcoholism?**  
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**Alcoholism Affects Everyone**

**John has a father who is an alcoholic. What are some of the things he might experience in his family?**  
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**Alcoholism Affects Everyone**

**What are the stages of alcoholism?**  
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**Alcoholism Affects Everyone**

**How is society affected by alcoholism?**  
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**Alcoholism Affects Everyone**

**Imagine what you might do if you suspect a good friend is an alcoholic.**  
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| **Alcoholism Affects Everyone  By Jennifer Kenny** |  | C:\Users\coach\Desktop\alcoholism affects everyone worksheet ed helper_files\edhelp1.gif |

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**Directions:**  Fill in each blank with the word that best completes the reading comprehension.  
  
     Do you know what the most widely abused drug in our country is? It's alcohol. What happens when a person drinks too much? Many unsafe things can occur. There are many short-term effects. These include nausea, memory loss, and *(1)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   of judgment. There are many long-term effects as well, including damage to the heart and brain and *(2)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   of the liver. Death is always a *(3)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   if too much alcohol is consumed, whether it is at one time or over a long period of time.  
     Some people abuse alcohol by drinking too much or too often. Others, though, may go beyond just abusing alcohol. They suffer from **alcoholism**, a disease in which a person is physically and emotionally addicted to the substance.  
     How does alcoholism develop? It develops in stages. They are: problem drinking, tolerance, dependence, and *(4)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  . The first stage, problem drinking, often begins as social drinking and then goes wrong. Instead of drinking only as a part of a social situation, an *(5)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   starts to abuse alcohol to avoid boredom, depression, or other problems. The more the individual drinks, the more the person's body tolerates the alcohol. Now the person needs to drink more to feel the same effect. In order to drink even more, the person often neglects other people and activities in his life. Gradually, the person's body becomes physically dependent on the alcohol. If the individual doesn't drink, he may experience withdrawal symptoms, such as shaking or sweating. At the last stage, the person is addicted. He has lost control, is frequently drunk, and alcohol becomes more important than anything else in life.  
     Who is at risk for becoming an *(6)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  ? Those studying the disease feel that it is a result of many factors, such as age, environment, *(7)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  , and personality. Research shows that anyone who starts drinking before age 15 is four times more likely to become an alcoholic as compared to those who wait until the legal drinking age. Those who socially spend time with other drinkers are at a greater risk. Alcoholism can run in families. Also, those who tend to be impulsive run a *(8)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  . All these factors increase the chance that one may become an alcoholic. However, each individual can choose not to drink and thereby prevent the disease from *(9)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   in the first place.  
     How can you tell if someone is an alcoholic? You can look for warning signs. An alcoholic may change friends and habits and be *(10)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   about drinking. He may have feelings of depression or suicide. He may drink just to get drunk.  
     Alcoholism affects the individual, the family, and society. Did you know that eleven million children live in homes with an alcoholic? Family members often feel guilty that they could have done something. They experience the *(11)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   behavior of the alcoholic. They may experience violence or neglect.  
     Alcoholism can often lead to car accidents, drowning, and violent acts. Society pays for the end results of alcohol abuse. Money is spent paying for missing days of school or work, treating alcoholism, and handling crime.  
     To get help, an alcoholic needs treatment. *(12)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   will *(13)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  , causing headaches, shaking, and *(14)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  . Treatment should include therapy for coping strategies and understanding as well. Perhaps the most famous program is *(15)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   Anonymous. *(16)*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   and Alateen are programs available to help family members cope with this difficult disease.

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**Circle the correct way to divide the word into syllables.**

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| 1. | in-crease | increase | inc-re-ase | i-ncrease |
| 2. | i-ndiv-idu-a-l | individ-ual | individual | in-di-vid-u-al |
| 3. | be-yond | bey-ond | beyond | be-y-on-d |
| 4. | los-s | loss | l-oss | lo-ss |
| 5. | cop-e | c-ope | co-pe | cope |
| 6. | dep-end-e-nt | dep-endent | d-epend-ent | de-pen-dent |
| 7. | tol-er-ance | tole-r-a-nce | tole-ra-nc-e | tolerance |
| 8. | a-lcohol-ic | al-co-hol-ic | al-coh-oli-c | alcoho-lic |
| 9. | result | re-sult | res-ult | r-es-ult |
| 10. | a-lc-oholism | alcoholi-sm | alc-oh-oli-sm | al-co-hol-ism |
| 11. | cirr-hosis | cir-rho-sis | cir-r-hos-is | cirrhos-is |
| 12. | b-ored-om | bore-dom | boredom | bored-om |
| 13. | judg-ment | judgm-e-nt | ju-dgment | judgment |
| 14. | d-epend-ence | dep-en-d-ence | de-pen-dence | dependence |
| 15. | soc-ie-t-y | soc-i-et-y | so-ci-e-ty | soc-ie-ty |
| 16. | c-rime | crime | crim-e | cri-me |
| 17. | sui-cide | sui-cide | suic-i-de | suic-ide |
| 18. | gen-etics | ge-net-ics | g-en-eti-cs | genetics |
| 19. | anxiety | anx-ie-ty | anx-i-ety | anxie-ty |